

Body & Spa Therapy Level 3 Diploma 2025/26 Course Code – F31135

VENUE AND DURATION OF COURSE:

John Ruskin College, Selsdon Park Road, South Croydon, CR2 8JJ, 1 year full-time.

ENTRY REQUIREMENTS:

Beauty Therapy Level 2 Diploma and GCSE grade 9-4 (A*-C) in English and Maths.

PROFESSIONAL COMPETENCIES NEEDED FOR THIS COURSE:

- High level of commitment and dedication to the subject
- Ability to demonstrate a high level of professionalism
- Effective communication skills
- Ability to work with a variety of different people and accommodate their needs
- Independence and ability to use own initiative
- Responsible for own behaviour
- The ability to work as part of a team
- Excellent time keeping

WHAT QUALIFICATIONS WILL I GET?

Body & Spa Therapy Level 3 Diploma.

COURSE DESCRIPTION:

This course is ideal for those of you who wish to develop the advanced skills needed in Beauty and Spa Therapy. It is a specialist vocational qualification. The course will involve both practical and theory classes. During the practical lessons, you will work in a realistic salon environment and will be expected to carry out beauty and spa therapy treatments on clients, once you have reached a certain level of ability.

UNITS/TOPICS COVERED:

- Health and safety practice in the salon
- Providing body massage treatments and self-tanning treatments
- · Monitoring the operation of the Spa
- Providing body wrapping and flotation treatments
- · Providing facial electrical treatments, stones therapy and lash extensions

TYPE OF ASSESSMENT:

A portfolio of practical work, exams and assignments

EQUIPMENT NEEDED:

Beauty kit: £316.15

Uniform: approximately £44

WHERE CAN IT LEAD?

- Foundation Degree or HND
- Employment as a Beauty and Spa Therapist working within a Salon, Spa, Health Club or Cruise ship.

COURSE FEE:

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware that there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.









WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 020 8651 1131 or at clientservices@johnruskin.ac.uk.

To apply online for this course please visit www.johnruskin.ac.uk.

Disclaimer

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 020 8651 1131.